



# PINE TREE STATE TRACK & FIELD GAMES

## Entry Form – 2019

*"No Track...No Problem!"*

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MIDDLE INITIAL: \_\_\_\_\_  
 HOME ADDRESS: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_  
 CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_  
 DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE as of Dec. 31, 2019: \_\_\_\_\_ EMAIL: \_\_\_\_\_

### T-SHIRT SIZE (circle one)

YM YL AS AM AL AXL

### Participants can Enter up to 3 Events...

2 Track Events + 1 Field Event  
 OR  
 1 Track Event + 2 Field Events

\* The 4 x 100 RELAY does not count as an event. So you can do up to 4 events if doing the RELAY!

### Please $\checkmark$ events you are participating in

BOY  GIRL

#### Age 7-8 (Born in 2011-12)

##### TRACK EVENTS

- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run

##### FIELD EVENTS

- Standing Long Jump
- Softball Throw

#### Age 9-10 (Born in 2009-10)

##### TRACK EVENTS

- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run

##### FIELD EVENTS

- Standing Long Jump
- Softball Throw
- 4 x 100 Relay Race \*

#### Age 11-12 (Born in 2007-08)

##### TRACK EVENTS

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run

##### FIELD EVENTS

- Standing Long Jump
- Softball Throw
- 4 x 100 Relay Race \*

#### Age 13-14 (Born in 2005-06)

##### TRACK EVENTS

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Run
- 1600 Meter Run

##### FIELD EVENTS

- Standing Long Jump
- Softball Throw

#### 4x100 Relay TEAM

1. ME 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_  
(First Name) (Last Name) (First Name) (Last Name) (First Name) (Last Name)

#### INFORMED CONSENT

My child and I are aware that participation in all recreation programs is potentially hazardous and may involve the risk of injury. As a parent, guardian and/or participant, I am aware of these hazards and my ability, or my child's ability to participate. I hereby, for myself, my heirs, executors and administrators waive and release all rights and claims against the Maine Recreation and Parks Association, its officers, supervisors, employees, agents and volunteers, from all losses, injury, damages, fees and other expenses arising out of, or in connection with, participation in this activity. I understand this informed consent clause and agree to its conditions on behalf of my child.

#### PHOTO/MEDIA RELEASE

I grant Maine Recreation & Parks Association, the right to use, reproduce, assign and/or distribute photographs, films, video tapes and sound recordings of my child to use in materials they may create.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_