



MOJO is the one-stop coach-in-a-box app for volunteer soccer coaches everywhere. The app provides personalized practice plans featuring hundreds of activities designed by youth soccer and child development experts. Proud partner of US Youth Soccer and SAY Soccer, MOJO powers the practices of more than 20,000 teams across the country, and more than 80% of users agree: MOJO saves them time, reduces stress, and makes the youth sports experience more fun. Perhaps best of all, the MOJO app is free to download on your phone

Resources for Maine Rec and Parks (8/1/21)

For Parents

How Your Kids Want You to Behave on the Sidelines

<https://www.mojo.sport/coachs-corner/this-is-how-your-kid-wants-you-to-behave-on-the-sidelines/>

What to Say on the Car Ride Home

<https://www.mojo.sport/coachs-corner/what-to-say-and-not-to-say-on-the-car-ride-home/>

Coaching Basics

3 Things to Avoid When Coaching Soccer

<https://www.mojo.sport/coachs-corner/three-its-of-coaching-soccer/>

The Rules of Youth Soccer — Explained

<https://www.mojo.sport/coachs-corner/the-rules-of-youth-soccer-explained/>

Coaching Advice (from The Family Coach)

What Can a Coach Do About a Bully?

<https://www.mojo.sport/coachs-corner/what-can-a-coach-do-about-a-bully>

6 Tips for Coaching a Shy Kid

<https://www.mojo.sport/coachs-corner/6-tips-for-coaching-a-shy-kid>

4 Ways to Manage THAT Parent on the Sideline

<https://www.mojo.sport/coachs-corner/4-ways-to-manage-that-parent-on-the-sideline>

Coaching Tips

Coaching Tips from an Award-Winning Kindergarten Teacher

<https://www.mojo.sport/coachs-corner/coaching-tips-from-an-award-winning-kindergarten-teacher/>

Coaching Tips from a Master of Improv

<https://www.mojo.sport/coachs-corner/coaching-tips-from-a-master-of-improv/>

Recruiting Coaches

Yes, You Have Time to Coach

<https://www.mojo.sport/coachs-corner/yes-you-can-coach/>

Wanted: More Moms on the Field

<https://www.mojo.sport/coachs-corner/wanted-more-moms-on-the-field/>

SEL

What Coaches Need to Know About Social and Emotional Learning

<https://www.mojo.sport/coachs-corner/what-coaches-need-to-know-about-social-and-emotional-learning/>

Why Empathy Is Your Coaching Superpower

<https://www.mojo.sport/coachs-corner/why-empathy-is-your-coaching-superpower/>

Link to Download MOJO

<https://yougotmojo.app.link/getmojo?~campaign=mainerecandparksnewsletter1&~channel=emailfromfriendofmojo&~medium=email>